

# *the*Will

August 2017 | Monthly Newsletter of God's Will Christian Church

## Mark Your Calendar

**New Service Time: 10AM**

**8.6**

Communion Sunday

**8.11**

Member's Appreciation Day at  
Bowie Baysox Game

**Happy Birthday to all  
those who celebrate in  
August!**

**Interested in becoming a  
member? Please see  
Sis. Vanessa Hawkins!**

## Pastor's Corner by Pastor Adgerson

The Bible advises us repeatedly to mediate. Then, it reveals the benefits. See Psalm 1:1-3 and Joshua 1:8.

A biological illustration of a cow may assist us in understanding meditation. A cow has four stomachs and undergoes a special digestive process to break down the tough and coarse food it eats. When the cow first eats, it chews the food just enough to swallow it. The unchewed food travels to the first two stomachs, the rumen and the reticulum, where it is stored until later. When the cow is full from this eating process, she rests. Later, the cow coughs up bits of the unchewed food called cud and chews it completely this time before swallowing it again. The cud then goes to the third and fourth stomachs, the omasum and abomasum, where it is fully digested. Some of this digested food enters the bloodstream and

## Pastor's Corner

travels to a bag called the udder, where it is made into milk that will come out of her teats, while the rest goes towards the cow's nourishment.

When we read the word we take it in and store it. The word is revisited and massaged again, and again until it releases its fruit (milk) which is used for self nourishment and food for others. Just reading the Bible alone will not draw you into that intimate relationship Christ desires to have with us.

Dr. Charles Stanley recommends the following approach to meditation.

1) Shut the world out. Cut the TV off, hang up the phones, and absolutely no multi-tasking. Cut off the gospel music when you actually start meditating (chewing) on the word.

2) Priority. Don't try to fit meditation into your schedule. Fit your schedule around meditation time.

3) Find a place (preferably the same place) to meditate. You don't need much room because it's only you and God. This is mandatory. You will find yourself throughout the day mentally thinking on these scriptures.

4) Acknowledge your purpose. ( Hint) you want to hear from God and absorb what He's saying (warning, vision, understanding, comfort, and when to go or stop.)

5) Application. Do what has been revealed to you.

This is not a casual read. This is a private moment of intimate sharing between two friends. The enemy hates seeing you absorb such power.

**Blessed is the man  
that meditates!**

### REMINDER:

Please remember to  
download our App in the App  
Store or Google Play!

## Member's Corner



This month, we shine the spotlight on LaNae Hawkins. LaNae joined GWCC with her mom, Vanessa, in 2012. LaNae has been an active participant in Children's Sunday School, as well as Children's Church. She also assists with greeting visitors and members on Sunday mornings.

### Who introduced you to Christ?

My mom introduced me to Christ.

### What ministries do you participate in?

I participate in the Dance Ministry and Youth Ministry.

### What do you do for a living?

For a living I go to school, dance, sing and tumble

### What are your hobbies?

My hobbies are dancing, tumbling, and singing.

### What have you found most rewarding about being a member of GWCC?

The most rewarding thing about being a member of GWCC is I get to help others. Also I get to learn more about Christ.

### What advice would you give a new Christian?

Some advice I would give a new Christian is always pray for everything.

## Recipe Corner: Mexican Bowl

### INGREDIENTS

1/2 head of cabbage  
2 peppers  
1 red onion  
4 boneless skinless breasts  
(marinate in olive oil lime juice and cilantro overnight)

### DIRECTIONS

Cook and shred the chicken

Slice cabbage into strips and mix with oil, chili powder, cumin, garlic powder, and onion powder.

Slice peppers and onion into strips and also add the same oil and spices as the cabbage and pour onto a parchment lined pan and bake at 400 for 20 minutes.

While peppers are in the oven, saute the cabbage in pan until soft but a little crunchy.

Add cabbage on the bottom, then pepper mixture, chicken, and top with shredded cheese, salsa, sour cream, and homemade guacamole!

## God's Little Devotional

***No man ever really finds out what he believes in until he begins to instruct his children.***

A dog once wandered to a preacher's home, and his three sons became quite fond of it. It happened that the dog had three white hairs on its tail. One day, the preacher and his sons spotted an advertisement in the city newspaper about a lost dog. The description of the stray they had taken in matched perfectly.

The minister later said, "In the presence of my three boys, we carefully separated the three white hairs and removed them from the dog's tail."

The real owner of the dog eventually discovered where his stray pooch had gone and came to claim him. The dog showed every sign of recognizing his owner, so the man was ready to take him away.

At that point, the minister spoke up and asked, "Didn't you say the dog would be known by the three white hairs in its tail?" The owner, unable to find the identifying feature, was forced to admit that this dog didn't fully fit the description of his lost dog and he left.

Years passed and the minister noted with sadness, "We kept the dog, but I lost my three boys for Christ that day." His sons no longer had confidence in what their father professed to be true.

Remember, your children watch the choices you make in all areas of your life and base their opinion of you on them. Be a person of integrity --- one they will admire.

***Ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord. Ephesians 6:4***

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## Weekly Activities

**Morning Prayer Conference Call**

**Daily 7:00AM**

**Weekly Bible Study Conference Call**

**Wednesday 7:00-8:00p**

**Men's Bible Study Conference Call**

**Tuesday 7:00-8:00pm**

**Conference Number:**

**712-775-7031 Access Code: 443-268-839**

**Women's Bible Study Conference Call**

**Monday 7:30-8:30pm**

**857-232-0158 Access Code 262390**